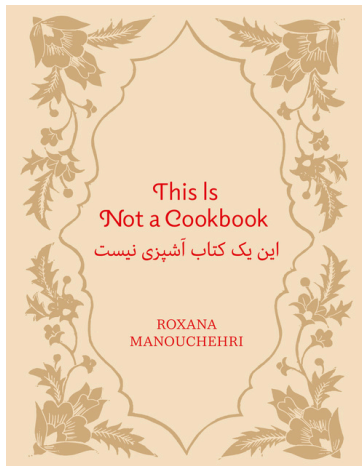


This Is Not a Cookbook

Roxana Manouchehri



Winter 2025 Memoir

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This Is Not a Cookbook uniquely blends memoir with food writing alongside evocative lithographic artwork. The vignettes in the book chronicle Manouchehri's childhood growing up in Tehran in the 80s following the Iranian Revolution, the profound influence of the women who surrounded her, and the legacy of memories handed down during wartime. Weaving moving personal anecdotes with the comfort of traditional recipes, Manouchehri offers us a glimpse of a rich but fraught culture seen through the eyes of a young girl seeking to reconcile her roots through the shared intimacy of food.

This Is Not a Cookbook emerges from a wholly distinctive voice in Irish literature, joining the ranks of contemporary diasporic Iranian writers searching for community and belonging in an elusive past.

*"A wholly original blend of Iranian culture and history whose **deeply personal stories** are elegantly woven into a stunning tapestry of universal resonance.*

*'This Is Not a Cookbook' is not a cookbook: it's a **work of art** that makes something brand new from recipes handed down through generations.'*

— Sarah Gilmartin, author of *Service*

ABOUT THE AUTHOR

Roxana Manouchehri is an Iranian-Irish multidisciplinary artist, writer, translator and art advisor based in Dublin. She received an MFA in Fine Art from the Tehran University of Art. She teaches art across universities and museums worldwide and has showcased her work in more than 50 group exhibitions and 17 solo shows internationally. She has received awards from the Solstice Arts Center, The Arts Council of Ireland, and the National Youth Council of Ireland. Roxana is a founder of Transnational Arts Ireland, a digital platform promoting intercultural artistic exchange between countries.

